The Monk Problem - Solution

How can you prove he was at the same point along the trail at exactly the same time on both days?

Think about it like this:

Assume there are two monks both making the trip on the same day – one going up the mountain and one coming down. They both start at exactly the same time in the morning and they both arrive at their destination at the same time that afternoon.

Will they meet somewhere along the trail? Will it be the same time of day for both of them when they meet? ☺