

Basic Alternating Thumb Exercises

Arr. Rick McKeon

Pinch On One (1 bar)



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1 4 4 3 2 3 2 1

1 2 3 4

Add Syncopated Note (1 bar)



Add Syncopated Note (1 bar)

1 7 1 2 3 2 1

1 2 & 3 4

Rag Link #1 (1 bar)



Rag Link #1 (1 bar)

1 1 0 1 0 2 3 2 1

1 & 2 & 3 4

Rag Lick #2 (1 bar)



Rag Lick #2 (1 bar)

1 0 0 1 0 2 3 2 1

1 & 2 & 3 & 4

Rag Lick #3 (1 bar)



Rag Lick #3 (1 bar)

1 7 0 1 0 2 3 2 1

1 2 & 3 & 4

Banjo Roll (1 bar)



Banjo Roll (1 bar)

1 1 0 1 0 2 1

P M I P M I P

1 & 2 & 3 & 4

Travis Lick (2 bars)



Travis Lick (2 bars)

1 0 1 0 1 0 2 3 2 1

1 & 2 & 3 & 4